



Workshops: Learn it and Try it!

Virtual or Face to Face, half day or 1- 2 days

Leading, Coaching, or Managing: Which Hat to Wear and When? - Leading, coaching, and managing are similar, yet different. Each is an action that creates different results and will have a different impact, and each requires similar skills, yet each is applied differently. Being aware of your natural style and determining which actions to take is complex and challenging. By being aware more is possible.

Communication: One Size Does NOT fit All – The majority of misunderstandings and conflicts are the result of poor communication. Most communication is done without understanding its impact. In this interactive training, the participant reviews what is working, and how to improve what isn't, for more effective communication. A wide variety of skills are covered. In addition, we offer **Virtual Communication Success**

Team Coaching - Team coaching builds trust among members, fosters collaboration and teaches the group how to be proactive in problem solving and risk resolution. We will highlight various team models, the pros and cons of each, and how to use coaching to apply them to ensure your next project is a team success.

Team Workshop – High performing teams build stronger trusting bonds, this will increase the overall effectiveness and efficiency. This highly interactive and fun workshop teaches and demonstrates to team member's tools, techniques, activities, and dialogue that will allow them to engage and support each other.

The Performing Coach – When problems seem insurmountable, a coaching approach can create powerful insights that lead to breakthroughs. Coaching facilitates sustainable and productive results. This hands-on training teaches how and when to use a coaching approach as well as some of the top required coaching skills.

Meeting Challenges: Facilitating for Results – Over 40% of managers' time is spent in unproductive meetings, and 9 out of 10 people report daydreaming in meetings. When you learn what you can change in meetings, and how, the results can be dramatic. Meetings are tools to improve productivity and get better results. This training teaches the 3 keys to successful meeting facilitation using animal identities to illustrate behavior, protect confidentially, and have fun.

Managing and Working in a Matrix – In a matrix organization, multiple priorities and relationships can be challenging, complex, and feel like chaos. A successful matrix is all about focus and balance. Results and quality and relationship all must be kept intact. Influencing without authority and conflict resolution are some of the key skills needed for success and they are taught in this training.

Essentials of Project Management – Project Management is the art and science of getting projects done and successfully balancing multiple demands from people, budget, time and resources. This training introduces basic project management concepts, tools, and techniques that can be applied immediately.

People are saying: *"Meaningful/relevant discussions created an open team atmosphere... very knowledgeable... great mix of lecture, exercises and demonstrations... very useful for my job... directly applicable... excellent teacher... excellent communication skills... excellent interaction with the class"... interesting, fun, challenging, thought provoking!... The course generated excitement among the students... invaluable to future leaders."*