



## E is for Exiting and Entering

Helping Leaders Find Their Voice, Take Action, and Get Results

*Training and Coaching Services for Leaders and Managers in the Middle*

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I was happily evicted.

My only eviction notice arrived a few days before Thanksgiving. I was shocked and I trembled. I've always paid my bills on time and worked at getting a good credit rating. Was it a midlife crisis or the wild child in me breaking out?



I attribute my eviction to what I teach. I believe in walking my talk. After stressing about the eviction notice for a few days I realized it was exactly what I wanted and became ecstatic. I could give up my downtown office and move into my new home office! I had gotten clear on the outcome I wanted, a usable office - and I now had it.

I had repeatedly reached out to the landlord to discuss, without success, the unusable office situation. So when I was expected to pay an unexpected office-related bill, I didn't pay it. That is exactly the kind of thing I teach - to be proactive, get clear on the desired outcomes, and take action. The biggest stumbling block of many high-achieving managers I work with is inaction due to the lack of details and data - not knowing the exact outcomes and how to get there. Happily evicted is not how I envisioned it playing out nor was I sure of all the facts as I trudged forward. I ended up with results better than I imagined. I walked my talk.

The office rental management company wanted an extra \$300 for summer A/C usage. I guessed this wasn't legal or fair for many reasons (including wording in a lease). In addition to the office being too hot, there were other reasons the office was unusable, such as guys carrying guns in the hallway and never enough available bathrooms.

After months of communicating by email and phone I was served an eviction

notice - pay now or be gone in 7 days. After days of all-consuming stress, I happily chose to leave. Bottom line, I didn't hire a lawyer, didn't get obsessed with the details. I got clear on my desired outcome - a usable office - and repeatedly took action toward that outcome. I saved thousands of dollars in an uncompleted lease and exited a bad situation. I now can work in my jammies and am more productive. In celebration I donated some of the unpaid rent to charity.

I got the results I wanted, not in the way I envisioned, and took action without knowing all the details.

Knowing how to exit a situation, a relationship, a project, or job is a skill of successful leaders.

Leaders choose to enter or create situations, relationships, jobs, and projects that will advance a vision.

As one door closes (or is left ajar) another more productive door opens.

Yours in exiting, so we can enter the places we want to be,  
Star

[www.starleadershipllc.com](http://www.starleadershipllc.com)

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## Exit Quotes

Every exit is an entry somewhere else. ~ **Tom Stoppard**

There's a trick to the graceful exit. It begins with the vision to recognize when a job, a life stage, a relationship is over - and let go. It means leaving what's over without denying its value. ~ **Ellen Goodman**

Some minds remain open long enough for the truth not only to enter but to pass on through by way of a ready exit without pausing anywhere along the route. ~ **Elizabeth Kenny**

I came to New York and in only hours, New York did what it does to people: awakened the possibilities. Hope breaks out. ~ **Philip Roth**

I may as well cut my losses and make a hasty exit while I still had enough self-esteem to walk upright. Crawling was so demoralizing.  
~ **Darynda Jones**

A narrative is like a room on whose walls a number of false doors have been painted; while within the narrative, we have many apparent choices of exit, but when the author leads us to one particular door, we know it is the right one because it opens. ~ **John Updike**



## Public Events

### **Conference: Influencing: One Size Does NOT Fit all**

[Project World & BA World](#), Burlington, MA Oct 26, 10:30 am



### **[Webinar: Influencing: One Size Does Not Fit All](#)**

If you Can't Make the Conference!, Tue, Nov 3, 12-1:00 ET

Wouldn't it be easier at times, if everyone just did what they were told and they did it because an expert they trusted said so? Using movie clips, influencing models and tips we will explore how to apply them to your projects. The advantages and disadvantages of each approach will be discussed. The underlying assumption is that good communication and trust is the starting point for influencing others.

### **[Team Coaching for Projects](#)**

Central Mass PMI Chapter Meeting, November 10, evening

It's common knowledge that coaching can help individuals improve skills, gain confidence and successfully meet objectives. But when it comes to coaching teams, and in particular project teams, there is a significant added value that augments the overall success of the project itself. Team coaching builds trust among members, fosters collaboration and teaches the group how to be proactive in problem solving and risk resolution.



## About US:

Star Leadership offers coaching, training and consulting services for business. What makes Star Leadership LLC unique is the focus and delivery of measurable goals and proven results in

the areas of communication, leadership and teams. Our approach is direct, results-oriented and geared to the bottom line. We are able to

quickly map, translate and align your broader vision to the concrete details of skills and behaviors. We have an impact on the results you want in an open, informal, non-judgmental and supportive way. We take pride in providing a wide array of experienced associates, resources, and expertise to be brought into play as needed to help clients. Star Dargin is the founder and has been creating vision and direction for the company since 1996.

### **What We Can Offer You**

Star Leadership has a wide variety of talented coaches for your business and training's. The coaches have success and experience in many industries and with many levels within client organizations.

### **Coaching Match Making and Process**

We create a custom process for your success and supply potential coaches.

### **Workshops & Training**

*Workshops are one-hour, half-day, one- or two-day.*

### **Team Coaching - NEW**

#### **Influencing: One Size Does Not Fit All - NEW**

Leadership ABC's Workshop

Succeeding in a Matrix Work Environment

Communication Success

Project Management Essentials for Professionals

Project Management Hands On Workshop

Project Management Simulation Workshop

Women and Leadership

Coaching for Managers and Leaders

Team CARE Profile and Build It Workshop

#### **Topics for Speaking Engagements:**

Influencing: One Size Does Not Fit All

Team Coaching: A Game Changer

Leadership ABC's, Each Letter is A Topic!

Leading, Coaching, Managing: Which Hat to Wear and When?

Measuring Intangibles for Success (or How to Manage a Coaching Engagement like a Project)

Women and Leadership

Star Leadership LLC

(978) 486-4603

*Leadership Training & Coaching for Business*

*Manchester, NH*

***Helping Leaders Find Their Voice, Take Action, and Get Results***

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